



Local Grocery stores offering dedicated shopping hours for seniors and those at-risk

Grocery stores that would like to be added to this list should send complete information to BizPortal@montgomerycountymd.gov

Store	Location	Phone	Special Hours
Red Apple Market	7645 New Hampshire Ave, Takoma Park, MD 20912	(301) 434-1810	8-9 am for senior shopping
Global Food	13814 Outlet Dr, Silver Spring, MD 20904	(301) 847-9315	9-9:30am for senior shopping
Grosvenor Market	10401 Grosvenor Place, Rockville, MD 20852	(301) 493-6217	Tuesdays & Thursdays 8-9 am Reserved for seniors and otherwise compromised
Dawson's Market	225 N Washington Street, Rockville, MD 20850	(240) 428-1386	Tuesdays and Thursdays starting Tue 3/24, 7am-8am. In addition Dawson's will honor their Wednesday senior 10% discount and free Drip Coffee during these earlier hours.
Roots Market	16800 Georgia Avenue, Olney, MD 20832	(301) 774-1344	Wednesday's 7-8 am, Sunday 8-9 pm Seniors and Immunocompromised
Whole Foods Kentlands	316 Kentlands Blvd, Gaithersburg, MD 20878	(301) 258-9500	1 hour before opening to the general public for customers 60+
Whole Foods Rockville	11355 Woodglen Drive, Rockville, MD 20852	(301) 984-4880	
Whole Foods Silver Spring	833 Wayne Avenue, Silver Spring, MD 20910	(301) 608-9373	
Whole Foods Bethesda	5269 River Road, Bethesda, MD 20816	(301) 984-4860	
Whole Foods Friendship Heights	4420 Willard Avenue, Chevy Chase	(301) 657-1520	
Target Gaithersburg	25 Grand Corner Ave, Gaithersburg, MD 20878-7305	(301) 721-1760	Beginning Wednesday, March 18, Target will reserve the first hour of shopping each Wednesday at stores nationwide for vulnerable guests – including elderly and those with underlying health concerns.
Target Rockville	5700 Bou Ave, Rockville, MD 20852-1663	(301) 945-0018	
Target Wheaton	11160 Veirs Mill Rd, Silver Spring, MD 20902	(301) 946-8006	
Target Germantown	20908 Frederick Rd, Germantown, MD 20876	(301) 515-6882	
Target Bethesda	6831 Wisconsin Ave, Bethesda, MD 20815-6122	(240) 781-3725	
Balducci's	10323 Old Georgetown Road, Bethesda, MD 20814	(301) 564-3100	We are reserving the first hour of shopping for our elderly and high-risk guests, 7:30am-8:30am

Giant Food

625 Hungerford Drive, Rockville, MD 20850	(240) 314-5160
7919 Tuckerman La., Potomac, MD 20854	(301) 469-9549
12051 Rockville Pike, Rockville, MD 20852	(301) 881-4541
16837 Crabbs Branch Way, Derwood, MD 20855	(301) 216-0912
9719 Traville Gateway Drive, Rockville, MD 20850	(301) 315-1460
10400 Old Georgetown Rd., Bethesda, MD 20814	(301) 897-9139
842 Muddy Branch Rd., Gaithersburg, MD 20878	(301) 948-8148
18250 Flower Hill Way, Gaithersburg, MD 20879	(301) 926-0340
13781 Connecticut Av, Silver Spring, MD 20906	(301) 460-7527
3860 International Dr., Silver Spring, MD 20906	(301) 598-4666
229 Kentlands Blvd., Gaithersburg, MD 20878	(301) 208-8203
46 Bureau Dr., Gaithersburg, MD 20878	(301) 216-0911
18331 Leaman Farm Road, Germantown, MD 20874	(301) 528-2760
13060 Middlebrook Rd., Germantown, MD 20874	(301) 428-4961
20044 Goshen Rd., Gaithersburg, MD 20879	(301) 990-0322
9812 Falls Road, Potomac, MD 20854	(301) 983-4246
20944 Frederick Road, Germantown, MD 20876	(301) 515-9282
18140 Village Mart Drive, Olney, MD 20832	(301) 570-1665
13490 New Hampshire Ave., Colesville, MD 20904	(301) 384-1572
2900 University Boulevard West, Wheaton, MD 20902	(301) 692-4180

Effective Friday, March 20, Giant Food of Washington, D.C., Maryland, Virginia and Delaware will offer dedicated shopping hours for senior citizens 60-and-older and individuals with compromised immune systems. 6:00-7:00 a.m., every day of the week for this vulnerable population to shop and practice social distancing.

The Fresh Market	1649 Rockville Pike, Rockville, MD	(201) 221-0780	The first shopping hour of 8 AM – 9 AM will be reserved for seniors and other individuals most at risk (those with chronic health conditions such as heart disease or diabetes).
Safeway	10101 New Hampshire Ave., Silver Spring, MD 20903	(301) 445-6190	7-9 am Tuesdays and Thursdays for Senior Citizens and at-risk members of the community.
	10104 River Rd., Potomac, MD 20854	(301) 983-2150	
	12251 Darnestown Rd., Gaithersburg, MD 20878	(301) 417-0866	
	909 Thayer Ave., Silver Spring, MD 20910	(301) 565-0686	
	15411 New Hampshire Ave., Cloverly, MD 20905	(301) 476-8300	
	19718 Germantown Rd., Germantown, MD 20874	(301) 916-8584	
	20211 Goshen Rd., Gaithersburg, MD 20879	(301) 670-1626	
	5510 Norbeck Rd., Rockville, MD 20853	(301) 438-4020	
	403 Redland Blvd., Rockville, MD 20850	(301) 990-3150	
	4701 Sangamore Rd., Bethesda, MD 20816	(301) 320-1770	
	14939 Shady Grove Rd., Rockville, MD 20850	(301) 944-1584	
	10541 Connecticut Ave., Kensington, MD 20895	(301) 945-4273	
	11201 Georgia Ave., Wheaton, MD 20902	(301) 933-0436	
	9807 Main St., Damascus, MD 20872	(301) 391-6146	
	3333 Spartan Rd., Olney, MD 20832	(301) 774-8153	
	5000 Bradley Blvd., Bethesda, MD 20815	(301) 215-4148	
	1800 Rockville Pike, Rockville, MD 20852	(301) 945-3608	
26300 Ridge Rd. Damascus, MD 20872	(301) 253-2482		
116 University Blvd., Silver Spring, MD 20901	(301) 593-7526		