

Our One Body...
Rev. Adam Lawrence Dyer

Spirit of life, God, Goddess, Holy One,
May we remember through our journey that
Our one body is love.

United by organic matter
Striving to understand each other's inorganic selves.
Our one body may be strong in its capacity to cope
But it is universally vulnerable in that which unites us
Our blood and breath.

Our one body is our being.
We open to our being in birth
And close our being with death.
Our one body is our ability to understand,
To experience the passage of time,
To create action.
Our one body is held by one precious earth.
Our one body is love.

Our one body
Must cure the human virus,
The sicknesses of hatred
The infections of factionalism
The cancers of deliberate ignorance
The gangrenes of political and financial greed
The inflammations of religious intolerance and bigotry
The fatalities of violence.

Indeed,
Our one body is
Mental health
Our one body is
Ahmaud Arbery
Our one body is
Title IX
Our one body is
Deaf and hard of hearing in a world of video conferencing
Our one body is
Unwashed, unfed, unhoused, untreated, unseen.

Spirit of life, in this moment,
In every moment now and for always
May we seek to truly heal our one body
Our one body that is love.

May it be so.